

# Client Consultation Form

Appointment date  
-----/-----/-----

Appointment time  
:--:--

## Personal Information

FULL NAME

\_\_\_\_\_

D.O.B.

\_\_\_\_\_

AGE

\_\_\_\_\_

PHONE #

\_\_\_\_\_

ADDRESS

\_\_\_\_\_

## EMAIL / NEWSLETTER



Would you like to be added to our subscriber list in order to receive information about upcoming discounts, promotions, contests etc.?

YES! Sign me up!

No, thanks

Have you ever had any weight loss treatments previously?

Yes  No

If yes, please specify \_\_\_\_\_

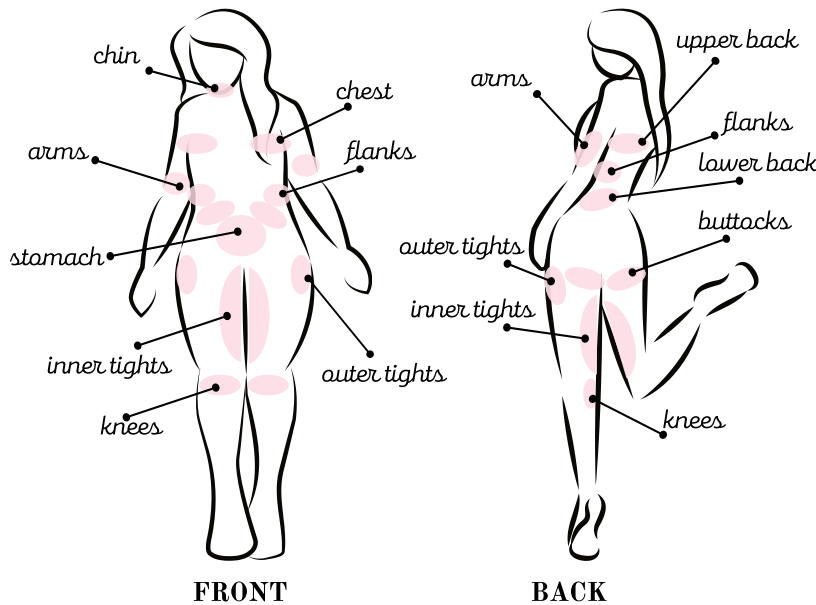
What would you like to achieve from your treatment?

\_\_\_\_\_

Do you exercise? If yes, how often and what type?

\_\_\_\_\_

WHAT BODY AREA/S WOULD YOU LIKE TO FOCUS ON?



FRONT

BACK

## Body Analysis

WEIGHT \_\_\_\_\_

BMI \_\_\_\_\_

BODY FAT % \_\_\_\_\_

MUSCLE % \_\_\_\_\_

BODY AGE \_\_\_\_\_

VISCERAL FAT LEVEL \_\_\_\_\_

Do you have any implants?

- Metal
- Electrical
- Wire
- Birth Control
- Cosmetic
- Other \_\_\_\_\_

Are you using any skin thinning products and/or drugs that thin the blood?

- Yes
- No

List any medications, supplements, or herbal remedies you currently take:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Do you currently follow any specific diet system?

Yes  No

If yes, please describe the diet system:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Do you drink water daily?

- Yes, 1 to 2 bottles daily
- Yes, 3 to 4 bottles daily
- Yes, 5 to 6 bottles daily
- Yes, more than 8 bottles daily
- No, I do not drink water regularly
- No, I do not drink water at all

Do you eat breakfast?

- Yes, before 8am
- Yes, between 8am and 10am
- After 10am
- No, I do not eat breakfast

How often do you consume alcohol?

- Daily
- Weekly
- Monthly
- Ocassionally
- Never

**MEDICAL HSTORY**

Do you have type 1 or type 2 diabetes?  Yes  No

Do you have any known liver disorders?  Yes  No

Do you have any known kidney disease?  Yes  No

Do you have photosensitivity to sun exposure?  Yes  No

Do you currently have cancer?  Yes  No

if yes, do you currently on chemotherapy?  Yes  No

Have you had cancer in the past 12 months?  Yes  No

Do you have any thyroid problems?  Yes  No

Do you have high blood pressure?  Yes  No

Do you have any cardiovascular conditions?  Yes  No

Do you have any medical devices, implanted  Yes  No

including but not limited to hearing aids, a pacemaker or hormonal pellets?  
if yes, please list .....

Are you currently pregnant or nursing?  Yes  No

When was the first day of your last menstrual cycle?  
.....

**You must not have treatments if you have any of the following:**

- Heart Disease
- Hypertension
- Diabetes
- Poor Blood Circulation
- Hyperlipidemia (abnormally high concentration of fats or lipids in the blood)
- Pregnancy & breastfeeding
- Pace maker & Metal
- Implants
- Skin Inflammation /wounds in treatment area
- Abdomen during menstruation
- Vascular Veins
- Cancer

**This form is completely confidential. Completion of form gives the general state of health and assists our specialist in directing a customized course of treatment for you.**

**The information I have provided about my medical history is accurate to the best of my knowledge. I agree to accept responsibility for omissions regarding my failure to disclose any any existing or past health conditions.**

Client Signature ..... Date .....

Therapist Signature ..... Date .....

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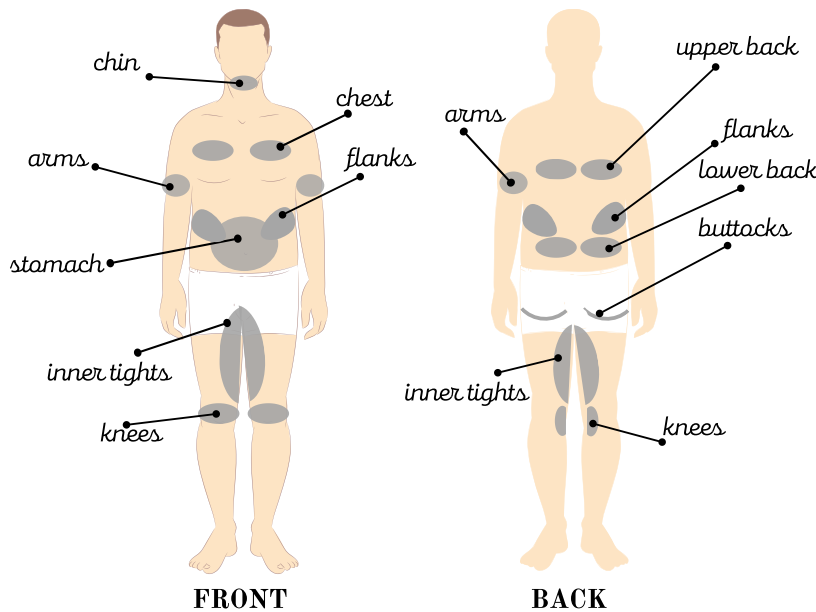
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BODY FAT % \_\_\_\_\_

MUSCLE % \_\_\_\_\_

BODY AGE \_\_\_\_\_

VISCERAL FAT LEVEL \_\_\_\_\_

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.....

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Client Signature ..... Date .....

Therapist Signature ..... Date .....

## Consent Form

Any medical or cosmetic procedure carries risk, complications and varied results as to the effectiveness of a particular treatment. The purpose of this document is to make you aware of the nature of procedure and its risks in advanced so that you can decide whether to go forward with any procedures/treatments.

### PROCEDURES

Initially you will consult with the consultant to determine if you are a candidate for Body Sculpting Cavitation or other inch loss procedures. During this time you will have the opportunity to ask questions or voice concerns you may have regarding this treatment. If it is determined you are a candidate for any procedure, there will be a few preliminary steps consisting of: initial paperwork, measurements, pre and post treatment photos and suggested course of treatment. It is recommended that a client will need a minimum of 6 or more treatments for the therapy to achieve its desired effect. These treatment should be used in conjunction with a healthy diet and exercise. If you are not currently exercising you should consult a health care professional before beginning an exercise program to determine if your body is physically able.

### RISK/DISCOMFORT

Our treatments are non-invasive. During treatment there should be no discomfort. If for any reason during treatment that the client feels discomfort due to warmth or any discomfort, treatment will be terminated. Client should report this discomfort to technician immediately. If client chooses to continue through any discomfort, it is at the client's own risk and provider assumes no responsibility. Procedures are recommended for anyone over 18.

### BENEFITS

The potential benefit of this treatment is body contouring without surgery. Problem areas or excess pockets of fat can be targeted, however the most commonly treated areas are the stomach, hips, flanks, and thighs. In clinical trials patients have averaged 2-5cm lost from there stomach, hips, and thighs. These results do vary and no guarantee is implied or suggested that desired results will be achieved.

### QUESTIONS

By signing below, you certify that this procedure has been explained to you and your satisfaction. Any further questions can be directed to a your therapist.

### CONSENT

I have reviewed this consent form. My consent and authorization for procedures are strictly voluntary. By signing the informed consent form I grant authority for \_\_\_\_\_ to perform the requested treatment. The purpose of this procedure, risks, complications, alternative methods of treatment have been fully explained to my satisfaction.

Cosmetic indications for these procedures include but are not limited to cellulite reduction, treatment of problem fat areas, skin tightening, and skin rejuvenation. You may experience increased redness to the area or light abdominal discomfort for up to 12 hours. You will be able to return to normal activities following the treatment. Any photos taken will be used to show the clients progress and may be used in marketing ads.

\_\_\_\_\_  
(initial) I have been informed of the potential risks and side effects of all procedures and treatments including but not limited to redness, swelling, heat sensitivity, pain, increase bowel movements and increased urination. The risks, potential damages and adverse side effects have been explained to me and I fully understand.

\_\_\_\_\_  
(initial) I understand that a minimum of 8 or more treatments may be required to achieve full results. At that point, I will be reevaluated to see if more sessions are needed in order to achieve realistic goals. Each body is different and may require more or less treatments depending on the client's diet, exercise, metabolism and body type. I understand the treatment is most successful if I also maintain a healthy diet and commit to an exercise program.

No guarantee has been given by anyone as to the results that may be obtained by this treatment. I have read this informed consent and certify that I understand its contents in full. I have had enough time to consider the information and feel I am sufficiently advised to consent to this procedure. I hereby give my consent to have this procedure. If at any time during the procedures I experience pain or discomfort of any kind, I agree to inform the staff immediately and/ or terminate the session at my discretion. The undersigned assumes all responsibility for behavior of self and their clients and agrees to abide by all Rules and Procedures of the property.

I further state that I am of lawful age and legally competent to sign this aforementioned release; I understand the terms of \_\_\_\_\_ place the highest priority on the client's right to privacy. We do not disclose identifiable information to any third party without your consent. Further, we do not sell, rent, or otherwise allow the unauthorized outside use of personal information such as names, addresses, phone numbers, or e-mail addresses in our database without your permission. Copies of this form and signature will be valid as if original if this document is digitally scanned.

I am over the age of eighteen and in apparently healthy condition. I understand the above potential risks and benefits of these services. I understand that injury can be unrelated to the technician, instruction or equipment.

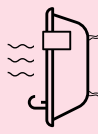
I agree to hold \_\_\_\_\_ not responsible for any claims or negligence.  
*therapist name*

Client Full Name .....

Client Signature ..... Date .....

## BODY SCULPTING *Post-treatment Care*

### What to do after your treatment:



No hot baths or showers



No saunas, hot tubs, or massage



Drink plenty of water



Avoid alcohol and caffeine for 24h



Use an ice pack to reduce swelling, stiffness and bruising



Do not miss your next appointment



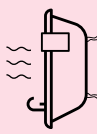
Massage the treated area daily to prevent fat and toxins from becoming stagnant



Maintain a healthy balanced diet and regular exercise is important to maintain the results

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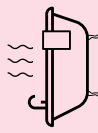
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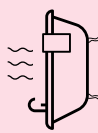
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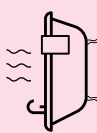
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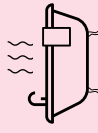
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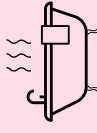
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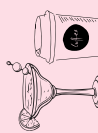
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## BODY SCULPTING *Pre-treatment Care*

### How to prepare for your treatment



Drink at least 2L of water the day before treatment



Avoid alcohol and caffeinated drinks at for 24h before treatment



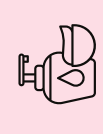
Wear loose fitting clothes on the day of your treatment



Avoid heavy meals the day before and do not eat 2h before treatment



Shave any body hair on and around the area to be treated



Remove any lotion from your skin before treatment

## BODY SCULPTING *Pre-treatment Care*

### How to prepare for your treatment



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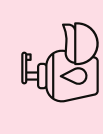
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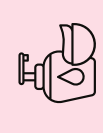
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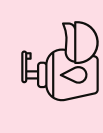
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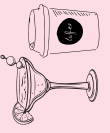
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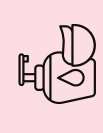
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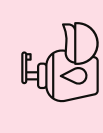
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## APPOINTMENT CANCELLATION POLICY

Dear Client,

We strive to render excellent care to you and the rest of our clients. Your care and treatment is a priority for us. We also ask that you respect your specialist's time and expertise as well.

In an attempt to be consistent with this, we have a Cancellation Policy that allows us to schedule appointments for our clients, with respect for your time, the next client's time, and the specialist's time.

Our policy is as follows:

We request that you give a notice **not later than 24 hours** prior your scheduled appointment in the event that you can not make it. If the client misses an appointment without contacting us, it is considered a missed or "No Show" appointment. Additionally, if a client is more than 15 minutes late for an appointment, it will be considered as " No Show" appointment, and that appointment will be rescheduled. Also, if you miss more than 3 (three) appointments, we reserve the right to charge you a fee of \$\_\_\_\_\_.

A \$\_\_\_\_\_ non refundable deposit will be paid at time of making appointment and will be taken off at the time of the appointment.

*If you have questions regarding this policy, please let us know, and we will be happy to clarify our policy for you.*

I have read and understand the Appointment Cancellation Policy, and I agree to be bound by its terms. I am aware that my credit card will be charged for the missed appointment, and I agree to this terms.

I, \_\_\_\_\_, have received the copy of Cancellation Policy.

_____	_____	_____	_____
CREDIT CARD	NUMBER	EXP. DATE	CVV

Client Signature .....

Receptionist Signature .....

Date .....

# COVID-19 LIABILITY RELEASE WAIVER

THIS FORM MUST BE COMPLETED AND SIGNED BEFORE TREATMENT

The World Health Organization has declared the novel Coronavirus (COVID-19) a worldwide pandemic. Due to its capacity to transmit from person-to-person through respiratory droplets, the government has set recommendations, guidelines, and some prohibitions which .....  
adheres to comply. company name

Symptoms of COVID-19 include:

- Fever
- Fatigue
- Dry Cough
- Difficulty Breathing

I agree to the following:

- I, nor members of my household, have not experienced any of the symptoms listed above within the last 14 days.
- I, nor members of my household, have not travelled internationally in the last 30 days.
- I, nor members of my household, do not believe that we have been exposed to someone with a suspected and/or confirmed case of the Coronavirus (COVID-19).
- I, nor members of my household, have not been diagnosed with the Coronavirus (COVID-19) within the last 30 days.
- The venue cannot be held liable from any exposure to the Coronavirus (COVID-19) caused by misinformation on this form or the health history provided by each client.
- I understand that due to the frequency of visits of other clients, the characteristics of the virus, and the characteristics of these services that I have an elevated risk of contracting the virus simply by being in the establishment.

To prevent the spread of the contagious virus and to help protect each other, I understand that I must follow the establishment's guidelines:

- Reschedule appointment if you are feeling unwell;
- No additional guest is allowed;
- Wearing a mask is required upon arrival and during the entire procedure;
- Wash hands upon arrival;
- Limit conversation during the procedure.

**By signing below, I agree to each above statement and release the venue and its employees from any and all liability for the unintentional exposure or harm due to Covid-19 and other communicable conditions.**

Name (Printed) \_\_\_\_\_ Date --/--/--

Name (Signature) \_\_\_\_\_

## PHOTO & VIDEO RELEASE FORM

I, \_\_\_\_\_, hereby grant and authorize \_\_\_\_\_ the right to take, edit, alter, copy, exhibit, publish, distribute and make use of any and all pictures, video, and/ or audio taken of me to be used in and/ or for any lawful promotional materials including, but not limited to, newsletters, flyers, posters, brochures, advertisements, press kits, websites, social media sites and other print or digital communications without payment or any other consideration.

This authorization extends to all languages, media, formats, and markets now known and later discovered.

I will be consulted about the use of the photograph and/ or video recording for any purpose other than those listed below:

- promotional materials;
- printed and/ or digital advertisements;
- educational presentations or courses;
- informational presentations;
- online educational courses;
- educational videos;
- social media posts.

There is no time limit on the validity of this release nor is there any geographic limitation on where these materials may be distributed.

By signing this form I acknowledge that I have completely read and fully understand the above release and agree to be bound thereby. I hereby release any and all claims against any person or organization utilizing this material for educational purposes.

Full name \_\_\_\_\_

Street address/ P.O. Box \_\_\_\_\_

City \_\_\_\_\_ Postal Code \_\_\_\_\_

Email address \_\_\_\_\_ Phone \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_